

1 INTRODUCTION

Uniputt is designed to eliminate wrist movement in the putting stroke. This keeps the stroke simple and reliable, for improved directional accuracy, better distance control, and greater consistency. Passive wrists are a key aspect of the ideal pendulum (or one piece) stroke used by tour pros and recommended by coaches – the shoulders control the stroke with the arms, hands and putter acting as one solid unit. Uniputt gives immediate feedback to help you to improve your game in minutes.



2 ASSEMBLY



Packaged product.



1. Remove the rod screw.



2. Move the rod so the nut is behind the slot.



3. Re-insert the rod screw.

3 UNIPUTT SET-UP

Set Uniputt so that the ball contacts your forearm at address. Note that it is not necessary for either screw to be particularly tight – they just need to be tight enough so that Uniputt doesn't move easily.

1. Attach Uniputt to the putter shaft just below the grip using the shaft screw.



2. Adjust the angle of the rod until the ball gently touches your forearm, tightening the rod screw to hold the rod in place.



The dimple markings behind the rod screw can be used to set the rod at the same angle each time.

4 USING UNIPUTT

Hit putts making sure that the Uniputt ball stays in contact with the same point on the forearm throughout the stroke. This immediately eliminates any wrist movement for a solid and consistent stroke.



continued over >

A ONE PIECE STROKE FOR ONE PUTT GREENS

UNIPUTT



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5 ALTERNATIVE SET-UP POSITIONS

Uniputt can be set up with the ball touching any point on either forearm. The photos below show the 4 main alternative positions.



Adjust the position by moving Uniputt around the shaft (as shown on the photos below) and adjusting the angle of the rod. You can also move Uniputt up or down the shaft.



We suggest using Uniputt sometimes on the left arm and sometimes on the right arm. The sequence below shows Uniputt on the right arm.



6 FAULTS

Try and maintain a constant pressure between the Uniputt ball and your arm. If there is any wrist movement then Uniputt gives immediate sensory feedback by loss of contact, increase in pressure or the ball sliding across the arm (as illustrated by the photos below).



Loss of contact

Loss of contact

Sliding across the arm

7 CHIPPING

Chipping with passive wrists can be a very effective way of playing short chip and run shots. To achieve this, just use Uniputt in the same way as already described for putting. The chipping motion is slightly different to that for putting and should be controlled by a combination of body turn, shoulder rotation and arm swing. Having the ball at address slightly back in the stance (nearer the right foot for a right hander) encourages a slightly downward hit for a better strike particularly out of poor lies. The distance can be varied by using different clubs – try any club from a 4 iron to a wedge.



ALSO AVAILABLE

trueplane
Putting Trainer



Trueplane has been used on tour since 2001 by over 200 pros for more than 175 tour wins including 6 majors. Just slide the putter along the black line for the ideal putter path. Also includes a guide rod for correct putter alignment, and a carry bag. An ideal complementary product to use along with Uniputt.

Featured putter: Callie model by Yes! Golf
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